



You have been told that you have a cataract and you are considering your options. James A. Bryan III, M.D. and his staff are eager to help you through this exciting process. This is a very important procedure and we want our patients fully aware of their choices and to take as much time as needed to make a decision.

**It is important to read all the information that was given to you and the following:**

You have the right to ask any questions about the operation before agreeing to have it. The goal of cataract surgery is to correct the decreased vision that was caused by the cataract. Cataract surgery will not correct other causes of decreased vision, such as glaucoma, diabetes, or macular degeneration. The surgery is usually comfortable but mild discomfort for the first 24 hours is typical. Severe pain is uncommon and should be reported to Dr. Bryan immediately. With any surgical procedure there are risks and we want you to understand that every patient is different as with every outcome.

The Steps Involved For Cataract Surgery:

- ❖ **Pre-operative visit (Chapel Hill Office):** during this visit (scheduled the Thursday prior to your surgery) you will sign consent forms, we will discuss post-op care, answer any remaining questions/concerns and perform a few measurements of your eyes.
  
- ❖ **Surgery Day:** Dr. Bryan operates at James E. Davis Ambulatory Surgical Center in Durham on Thursdays. On the day of surgery you must have a driver and someone to stay with you at the surgery center for the entire 3 – 4 hours that you will be there. The exact time of surgery is set by the surgery center and is not given until the day before surgery. We understand how important your schedule is, but unfortunately this is something we can not control. **YOU** will need to call the surgery center the day before surgery between 10:00 am & 2:00 pm for your surgery time.

**The phone number to call is: 919-470-1000.**

- ❖ **1 Day Post–Operative visit (Chapel Hill Office):** Due to the anesthesia (sedation) you received during cataract surgery, you should NOT drive for at least 24 hours after surgery, so you may want a driver to this appointment as well.
  
- ❖ **5-6 DAY & 1 Month Post–Operative visit (Chapel Hill Office):** At these visits, Dr. Bryan will assess your vision and the overall healing of your eye.



**Davis Ambulatory Surgery Center (DASC)** will call you to conduct a telephone interview with the anesthesiologist/ CRNA during the week of your surgery to discuss your medications, (**i.e., whether or not to take your oral medications the morning of surgery**), anesthesia reactions, overall medical history, and any insurance questions.

**Please follow all instructions they may give you regarding *your medications*.**

- **Do NOT stop taking glaucoma medications prior to or after surgery.**
- **If you are taking medication or drops for glaucoma, you must take these as normal.**
- **If you are taking Restasis, do not take the morning of surgery.** Dr. Bryan will instruct you when to resume Restasis.
- **If you wear CONTACTS – DO NOT WEAR FOR 2 WEEKS PRIOR TO THE PRE-OP VISIT DATE!** After the pre-op visit you can continue use.
- **Your vision may FLUCTUATE up to 6 weeks after cataract surgery.**

## DIRECTIONS

Davis Ambulatory Surgical Center  
120 Carver Street  
Durham, NC 27704

Take 15-501 By-pass North Towards I-85. Merge onto I-85 North. Take exit 176B off I-85 onto Hey 501 Duke St. North (on the same sign). Go approximately 1-1 ½ miles and take a right onto Carver St. Go through the next stop light (you will cross over Roxboro Rd.). The surgical center will be a brick building on the right.



## **Surgery Post-Op Instructions**

1. Avoid straining, sudden movements, lifting anything over 8 lbs. or any physical activity that makes your face red for at least 2 days.
2. **Some** patients experience blurry and dim vision for 24-48 hours after surgery. This may be more noticeable in a dark room. Your vision **may** appear black in a dark room, if you wake up at night.
3. The day after surgery, you may resume normal bathing but be careful not to let any water or shampoo get in the operated eye for 1 week. (No swimming for 2 weeks).
4. Do not drive for at least 24 hours after surgery due to anesthesia given.
5. Medication: Resume all medications that you normally take.  
For mild pain, take Tylenol every 4 hours as needed.
6. If you take glaucoma drops, you should continue them as well.
7. Return to the Chapel Hill office for your 1-Day Post Op as scheduled.
8. **IF** you wear **CONTACTS – DO NOT WEAR FOR 2 WEEKS PRIOR TO THE PRE-OP VISIT DATE!** After the pre-op visit you can continue use.
9. **IF** you are given a patch over the operated eye after surgery, be sure to remove the patch to put in your drops.
10. **ALLOW 4-6 WEEKS FOR YOUR VISION TO FLUCTUATE.**

If you have EMERGENCY questions, please do not hesitate to call our office at 967-4836. PLEASE DO NOT CALL HOSPITAL OPERATOR!



## UNREALISTIC EXPECTATIONS

**All** of these statements are **FALSE**. If you have any questions concerning these statements, please address them with a staff member or Dr. Bryan before signing.

1. I will never have to wear glasses or contacts again.
2. I will have my best vision right away after my procedure is complete.
3. Both eyes will heal at the same time and have exactly the same vision and/or symptoms after my surgery.
4. My best vision will occur after surgery on just one eye.
5. Every single patient is going to have the same vision at the same length of time, post operatively.
6. The patient, *not the doctor*, gets to choose if and when they will have any further surgery. If it is needed, it can be done within days or weeks of the original surgery.
7. Any glasses or contacts that may be needed after surgery will be paid for by Carolina Ophthalmology Associates.
8. Dr. Bryan has *guaranteed* the results of my surgery.
9. I don't have to keep *all* of my post-operative visits as recommended by Dr. Bryan.